



### Happy 4th of July!

We hope you all get to enjoy some beautiful weather with friends and family. If you're in town, come up to visit the Farm for the week or weekend. *(Our education programs and Farm Stand are CLOSED this Thursday, but the Farm is still open for your enjoyment!)*

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#### New Blog Post



#### [Recipes from the Fields](#)

All the produce starting to come in inspired the Wright-Locke Farm team to submit their favorite recipes for our next blog. Check out what your farmers are cooking and eating!

#### News from the Farm Stand

## News From our Flower Fields



### Flower CSAs Still Available

There are still a couple of available slots for our Tuesday Flower CSA share.

[Sign-Up here](#)

### Flower Crew Volunteer Hours

Join us on Wednesday from 9:30 - 11:30am in the fields to help weed, maintain, and harvest our flower crop.

[Sign-Up Here](#)

## Family Farm Night Skips a Week



Just a reminder that Family Farm Night will NOT be held this Thursday due to the 4th of July.

We hope you have a lovely holiday and we'll see you next week on 7/11 for our concert with **Matt Heaton & the Outside Toys**

[More Info Here](#)

## Sustainability Tips



There are so many little things that we can all start to work into our daily lives to create big, positive change.

We wanted to share some suggestions and ideas that we've been trying out ourselves. Check out this section weekly for sustainability tips.

**TIP: Go No-Mow**



### Grab-able "Grill-ables"

Excited about spending time grilling outside with your family and friends this week? Come by the Farm Stand to pick up some great "grillables"! We've got Codman Community Farm's pasture raised chicken, pork sausages, beef patties, and pork chops! There's also ground lamb coming from Walden Local. Plus we're got plenty of organic greens, zucchini, and other veggies and herbs to compliment your 4th of July spread.

### Hours this Week:

Tuesday & Wednesday 10 - 6  
Thursday **CLOSED**  
Friday 10 - 5  
Saturday 10 - 2  
Sunday 12 - 4

You can reach our Farm Stand Manager for questions and suggestions at [farmstand@wlfarm.org](mailto:farmstand@wlfarm.org). We're excited to welcome you back to the Farm Stand this year as we continue to develop this great little destination on the Farm.

## Upcoming Workshops: Foraging for Wild Edibles with Russ Cohen!



### Foraging for Wild Edibles with Russ Cohen Wednesday, July 10, 6 - 8 pm

Join Russ Cohen, a local and expert on wild edibles, for a walk around the farm and conservation lands in search of wild plants that are edible and delicious! As well as learning from Russ Russ fun and tasty ways to prepare some of these treats!

Cost: \$25/person.

Registration required, [Register Here](#)

### Other Upcoming Workshops:

**Yoga in the 1827 Barn** with Brittney Burgess  
SUNSET--TUESDAYS 7-8pm. 7/9, 7/30

"You may know that turf grass, however welcoming it looks for our bare feet, provides virtually no habitat for pollinators and other animals and plants that make up a healthy, diverse ecosystem. In fact, these lawns can do substantial harm to the environment and to both vertebrates and insects.

Luckily, today more Americans are ready for a change. 'We're not declaring war on turf or suggesting that we remove every square foot of it. But we want to encourage people to think about whether there are places in their yards that can be converted to allow for a more diverse and sustainable landscape.'"

- *The National Resources Defense Council*

[Learn More about the No-Mow Movement Here](#)

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Share your own tips!  
Send them along to  
[kkneeland@wlfarm.org](mailto:kkneeland@wlfarm.org)

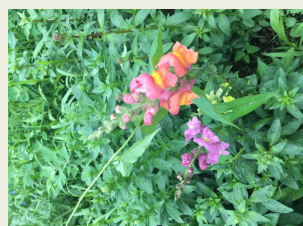
### Farm Reel



Do you notice Buddy in the background staring at Hank?! Try to spot him!



Flowers are starting to bloom in the fields!



Pop of snapdragon color in the fields!

SUNRISE--FRIDAY 6-7am. 7/12  
Space is limited so please sign up!

Also this summer, **Spoon Carving** and **Stargazing!**

[Check out our Adult Workshops page to register](#)

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## Speaker Series Continues - July 24th



### Climate Resilience in your Own Backyard

Wednesday, July 24th at 7:30pm  
Admission: Free

Soil is alive with more microbes in a teaspoon of healthy soil than there are people on this planet. Only in recent years have we come to fully understand the extent to which a thriving soil also has the potential to rapidly sequester carbon, store and filter water, buffer extremes, break down toxins, and support biodiverse ecosystems. This talk is a call for gardeners to learn to become stewards of the immense thriving world beneath our feet.

**Allison Houghton** is a soil, plant and natural world enthusiast. She recently wrote *The Carbon Sequestering Garden: Gardening for the Planet While Growing Some of the Best Food Possible*. She has played many roles over the past few years as a gardener, farmer, teacher, writer, mother, and naturalist, including as former Director of Horticulture at Green City Growers in Somerville where she wrote the gardening guide, *The Urban Bounty: How To Grow Fresh Food, Anywhere*. She currently works at the Northeast Organic Farming Association with their soil technical assistance program.

[Learn more and RSVP for this talk here.](#)

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## Solar Approved at the Farm!

Exciting news! After many years of consideration, talking with community members, board members, the Winchester Historical Commission, and the Select Board, we recently received unanimous support for our application to the Massachusetts Historical Commission seeking permission to place solar panels on the south facing roofs of the 1827 Barn and Squash House. Both buildings are on the National Register of Historic Places and subject to a State historic preservation agreement, so any such changes require the prior approval of Mass Historic.

Despite presenting compelling arguments, we were very disappointed that Mass Historic denied our request. However, we enlisted the support of our elected state delegation in appealing the decision. Special thanks to Senators Jason Lewis, Pat Jehlen and Representative Mike Day who were joined by neighboring Senators Cindy Friedman of Arlington and Mike Barrett of Lexington for interceding on the Farm's behalf. As a result of their efforts, we are happy to announce that last week, Mass Historic reversed their decision and will allow for this important addition to our structures.

Pursuing a renewable energy strategy is a critical step towards a sustainable future for the farm and these panels may very well be able to supply power for the entire farm's operations, getting us closer to achieving "Net Zero." As we proceed with planning our solar installation, we will keep you all informed of the next developments. If you have any

questions or suggestions or particular expertise in solar power, please feel free to reach out to [Archie McIntyre](#), the Farm's Executive Director

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Here Jason and Karen from Perkins School for the Blind help us wash carrots for the farmers' market.

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## [Support your Farm](#)



A shot from last week's first Family Farm Night of the season. This event is free to the public and can bring over 1000 people to the Farm in one night! It takes around 20 staff members and volunteers to ensure we have a safe and fun evening.

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