



Sign-Up for Forest Bathing!

Tuesday 9/24 from 8 - 10am

Join us in one of the most inspiring trends in Nature Therapy called Shinrin-yoku, which translates to "forest bathing". There's no water involved, instead we will immerse ourselves in the sights, sounds and atmosphere of natural environments by slow walking.

[Learn More and Register Here for our Workshops](#)

Also coming Soon:

Spooncarving - Saturday 10/5 from 9am-12pm

Stargazing - Sunday 10/6 TBD

Silent Auction for SNAP at the Lexington Farmers' Market



The Lexington Farmers' Market will be holding its popular Local Food for SNAP Silent Auction on Tuesday, September 17 from 2-6 pm (market will still close at 6:30 PM) with an exciting and fun range of products donated by LFM farmers, vendors, artisans and volunteers. (WLF participates annually!)

The SNAP auction supports the weekly \$15 match program for the LFM's Supplemental Nutrition Assistance Program, increasing access to healthy food for individuals and families in need.

Please visit the market today and to bid and

U-Pick Raspberries are Open!



Our Fields are open for PYO raspberries.

Hours:

Wednesday & Thursday: 10am - 5:45pm

Saturday: 10am - 1:45pm

Please [visit our website](#) for more information before arriving for U-pick.

Autumn Equinox Cocktail Party!

increase food access! The auction items can also be [found online!](#)

Check out these Tips for Mosquito Management



A couple of our young farm friends and local girl scouts conducted a project on mosquito management, reducing pesticide use, and supporting bat populations - things we are all about at the Farm. Check out there findings by clicking their picture!

New Blog Post



[An Educator's Experience at WLF](#)

Check out our new Blog Post from Youth Programs Manager, Jack Wright. In this blog he talks about his experience so far this season running the the summer youth programs.

Fall Youth Education Program Registration



Registration is open for our fall youth programs. We are offering programs for toddlers with caregivers, preschoolers, and after school programs for children in K - 5th grade.

[Learn more and register here.](#)

All Seasons Barn Updates



Friday, September 27th
6:30 in the Evening

- Farm-Inspired Cocktails & Hors d'Oeuvres
- Live Music in the 1827 Barn
- \$75 Per Person. To purchase tickets: wlfarm.org/equinox



82 Ridge Street | Winchester, MA 01890 | wlfarm.org

[Tickets now on sale!](#)

Speaker Series Continues



Why the Ocean Matters: It's Probably Not Why You Think

Wednesday September 25th, 7:30pm. Free.

Laura Parker Roerden, founder/executive director of Ocean Matters and fourth generation farmer will take us on a journey into a new paradigm for farms informed by oceans that optimizes climate mitigation through integrating regenerative soil practices with other ocean conservation efforts such as the protection of our beloved and iconic right whale, our quest to stop algal blooms and dead zones, better management of water resources, and the need to address ocean acidification. Furthermore, engaging with this paradigm in holistic ways can help communities build resilient youth, expand our notion of tribe, and give us new ways to belong. [Learn more and RSVP here.](#)

Meet the Installers at the Farm



September 24th, 7- 9pm at the Farm



We've been working diligently on our plans for the All Seasons Barn with our architects, builders, the Town, and all key parties that will help inform a well designed building.

Here are our most up-to-date plans for the All Seasons Barn.

[Check out the plans!](#)

Where to get our Organic Produce



'Tis the season for fresh organic veggies, fruits, and flowers. The fields are bursting with Summer produce.

Markets:

Winchester Market:
Saturdays,
9:30am - 1:30pm

Lexington Market:
Tuesdays,
2pm - 6:30pm

Farm Stand:

Tuesdays - Fridays,
10am - 6pm
Saturdays, 10am - 2pm
Sundays, 11am - 3pm

Farm Reel



We welcomed a group of MIT students last week who are testing out a project to create a simple, customizable soil measuring system.



They're using us as a test site - and set up their equipment in the raspberry fields. Excited

Clean heating and cooling technologies are helping residents move away from greenhouse gas producing, fossil fuel based systems.

Meet the Installers: The volunteer Heat Smart team is hosting its final event where residents will hear about each of the four offered technologies for clean heating and cooling. After a presentation by each installer, attendees will have an opportunity to speak with the installers as well as residents who have adopted these technologies.

- Air Source Heat Pumps ("mini-splits") - New England Ductless
- Ground Source Heat Pumps ("geothermal") - EnergySmart Alternatives
- Solar Hot Water - New England Solar Hot Water
- Modern Wood Heat - Caluwe

[For more info, click here](#)

Climate Week in Town and on Farm!

Climate Week Winchester!			
Event	Date	Time	Location
Display Case with children's interpretive artwork on climate change	8/15 - 9/30	Business Hours	Winchester Public Library Foyer
Library of Things: home energy testing materials that can be checked out for personal use	9/23 - 9/30	Business Hours	Winchester Public Library Reference Room
Mobile Interactive Displays: How can you help to keep our earth healthy?	9/21-9/30	Business Hours	Town Common, Town Hall, Library, Schools, Kids Corner
Farmers Market, Community Organizations Day, table	9/21	9:30 - 1:30	Town Common
Talk by John Rogers Union of Concerned Scientists, "Climate Hope: Focusing Your Efforts, and Living Cooler and Smarter"	9/23	7:00 - 9:00	The Jenks Center
HeatSmart "Meet the Installers" for energy efficient heating and cooling technologies	9/24	6:30 - 9:00	Wright-Locke Farm
Talk by Laura Parker Roerden "Why the Ocean Matters: It's Probably Not Why You Think"	9/25	7:30 - 9:00	Wright-Locke Farm
Monica Tibbits-Nutt "YEP! Youth Engagement Planning"	9/25	10:00 - 11:00	HS and MS
KidsCorner, projects on climate change	9/23 - 9/30	Afternoons	Kids Corner
Climate movies and other school and Library events	TBD		
Rush Hour Ride Around	9/25	4:30 - 6:00	Downtown

Next week is Climate Week! There are a bunch of town-wide events going on sponsored by Winchester's Climate Action Advisory Committee as part of their greater efforts to create a new [Climate Action Plan](#) by December. Check out what's coming up!

Two events will be occurring at the Farm:

- HeatSmart "Meet the Installers"
- WLF Speaker Series - [Why Oceans Matter: It's Probably Not Why You Think.](#)

Support your Farm



Beautiful Flower arrangements set up at the Farm Stand.

Don't forget, you can also support Wright-Locke when you shop online with Amazon Smile - they'll donate 0.5% of your purchase to the Farm. Just make sure to access amazon through <https://smile.amazon.com/> and designate "Wright-Locke Farm Conservancy LLC" as your nonprofit pick to make your purchases count towards proceeds for the farm.

to do more with this
awesome group!
